#### EATING TOO MUCH? CAN'T STOP? STILL GAINING WEIGHT?

Do you want to stop overeating but can't?

Don't want to stop but must?

# We can help, we've been there **OVEREATERS ANONYMOUS**

No Dues, No Fees, No Weigh-Ins Day and Evening Meetings gpioa.org or (412) 765-3004

#### BINGEING AND PURGING? CAN'T STOP?

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#### ARE YOU STARVING YOURSELF OR ANOREXIC? CAN'T STOP?

Do you want to stop starving yourself but can't? Don't want to eat regularly, but must to live?

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