

1) How did you find OA?

Professional Outreach		Public Info				Other		
12.66%		43.04%				56.96%		
10		34				45		
Therapist	Treatment Program	Internet	TV	Print Media	Phone Book	Word of mouth / OA Member	Other 12 Step Program	Don't know
10.13%	2.53%	20.25%	6.33%	13.92%	2.53%	36.71%	16.46%	3.80%
8	2	16	5	11	2	29	13	3

Total Survey Responses 79
Total Options Selected 89

18) Does your home meeting ever get newcomers?

Yes	Sometimes	Rarely
69.62%	18.99%	11.39%
55	15	9

Total Survey Responses 79
Total Options Selected 79

21) What could intergroup do to strengthen your home meeting?

Not sure / N/A / Don't know what IG does	More speakers w/long term abstinence	Provide more info	Scheduling events	Sponsor workshops	Visit groups & check in every couple of months	Promote more	More IG reps involved	Other	List meetings needing support	Outreach to areas outside the city	Give us sponsors to call	Nothing
58.23%	3.80%	5.06%	6.33%	8.86%	3.80%	5.06%	2.53%	10.13%	1.27%	3.80%	1.27%	3.80%
46	3	4	5	7	3	4	2	8	1	3	1	3

Total Survey Responses 79
Total Options Selected 82

5) What brought you to OA?

Prof Outreach		Disease					Other			
6.33%		107.59%					13.92%			
5		85					11			
Therapist	Treatment Program	Overweight or Could Not Lose Weight	Out of control eating	Binging and Purging	Could Not Manage Life	Desperate	Higher Power	OA Member	Other	No weigh ins or fees
5.06%	1.27%	37.97%	30.38%	3.80%	11.39%	24.05%	5.06%	2.53%	5.06%	1.27%
4	1	30	24	3	9	19	4	2	4	1

Total Survey Responses 79
Total Options Selected 100

22) Rate the following possible Intergroup services in terms of their importance: High, Medium, Low

Topic	H #	H %	M #	M %	L #	L %	Total Response Count
Assisting your meeting w/organizing a PI night?	16	21.62%	26	35.14%	32	43.24%	74
Assisting your meeting in publicizing itself?	40	53.33%	24	32.00%	11	14.67%	75
Organizing or promoting more OA marathons throughout the year?	22	30.14%	34	46.58%	17	23.29%	73
Organizing weekend retreats?	25	32.89%	32	42.11%	19	25.00%	76
Organizing step studies?	39	51.32%	25	32.89%	12	15.79%	76
Special info & "how to" workshops, usually held on weekends at a central location?	35	46.67%	33	44.00%	7	9.33%	75

GPI Member Survey 2011 Results Summary

70 online surveys completed
9 written surveys completed
79 total surveys completed

23) Rate the following workshops in terms of their importance: High, Medium, Low

Topic	H #	H %	M #	M %	L #	L %	Total Response Count
Plans of Eating	54	69.23%	15	19.23%	9	11.54%	78
Using the Tools	51	65.38%	19	24.36%	8	10.26%	78
Being Sponsored & Becoming a Sponsor	55	70.51%	20	25.64%	3	3.85%	78
Working Steps 1-3	58	74.36%	17	21.79%	3	3.85%	78
Working Steps 4-7	51	65.38%	22	28.21%	5	6.41%	78
Working Steps 8 & 9	47	60.26%	27	34.62%	4	5.13%	78
Working Steps 10-12	50	64.10%	24	30.77%	4	5.13%	78
Big Book Study	48	61.54%	23	29.49%	7	8.97%	78
Relapse Recovery & Prevention	58	74.36%	16	20.51%	4	5.13%	78
Attracting & Retaining Newcomers	46	58.97%	26	33.33%	6	7.69%	78
Member Retention	45	57.69%	21	26.92%	12	15.38%	78
Twelve Traditions	29	37.18%	35	44.87%	14	17.95%	78
The Value of Slogans	21	26.92%	32	41.03%	25	32.05%	78

24) Rate the following High, Medium, or Low as possible topics in our Newsletter:

Topic	H #	H %	M #	M %	L #	L %	Total Response Count
Nurturing Newcomers	56	70.89%	19	24.05%	4	5.06%	79
Characteristics of a great sponsor	53	67.09%	20	25.32%	6	7.59%	79
Characteristics of a great meeting	52	65.82%	23	29.11%	4	5.06%	79
Anonymity: what it is, what it isn't	42	53.16%	30	37.97%	7	8.86%	79
Getting started: first things first	59	74.68%	15	18.99%	5	6.33%	79
Conducting group business meetings	14	17.72%	43	54.43%	22	27.85%	79
Taking a group inventory	22	27.85%	41	51.90%	16	20.25%	79
Meeting formats: OA recommendations	18	22.78%	46	58.23%	15	18.99%	79
Group conscience: what it is	26	32.91%	41	51.90%	12	15.19%	79
Fourth step options	48	60.76%	26	32.91%	5	6.33%	79
What each of us can do to keep OA strong	53	67.09%	20	25.32%	6	7.59%	79
News & information from intergroup	39	49.37%	31	39.24%	9	11.39%	79

25) Are you willing to do more service to support OA?

Yes	Maybe / Don't Know	No / no answer	No: Already doing what I can
49.37%	21.52%	29.11%	18.99%
39	17	23	15

Total Survey Responses 79
Total Options Selected 79

26) Any other comments/ideas/suggestions?

General Gratitude	Need more info from GPI	Need to get more people on committees	Can't attend GPI on Sunday	GPI is getting better	Need to get more groups represented at GPI	Workshop or Retreat or Marathon requests	Be more inclusive / outreach to men	VOR concerns	Requests GPI meet via conference call	Request for cross fellowship sharing re: service	Stick to basics	Other
11	2	1	1	2	1	4	3	1	1	1	4	2
40.74%	7.41%	3.70%	3.70%	7.41%	3.70%	14.81%	11.11%	3.70%	3.70%	3.70%	14.81%	7.41%

Total Survey Responses 27
Total Options Selected 34

25a) How?

	Home based				Meeting based			Marathon		PI	
Not abstinent so can't give service	Outreach Calls / Newcomer Calls / General Outreach	Email Support	Answering Service	Help prepare written materials	Need transportation / Can't drive to Pgh / From Home	In my local area or local meetings	Starting Meetings	Speaker	Workshops	Public Speaking / Info Campaign / Convention Tables	Attend or serve on GPI
5.36%	10.71%	3.57%	1.79%	3.57%	5.36%	21.43%	1.79%	3.57%	5.36%	5.36%	8.93%
3	6	2	1	2	3	12	1	2	3	3	5

Don't Know / Misc Limitations	Need flexible schedule or specific time limited tasks	Anything, just ask
3.57%	3.57%	1.79%
2	2	1

12th Step Within related survey results are not included in this summary. Given the number of questions relating to 12th Step Within, GPI will make 12th Step Within activities a priority as we move forward.

Question text:	Results relevant to:					
	GPI as a whole	12 th Step Within	P	O	V	Webmaster
1) How did you find OA?			x	x		
2) How long have you been in OA?		x				
3) What is the length of your abstinence?		x				
4) Do you work with a sponsor? If not, is there a reason?		x				
5) What brought you to OA?			x	x		
6) What keeps you coming back?		x				
7) Have you ever left OA for a reason other than relapse? What was it?		x				
8) If you left OA, what brought you back?		x				
9) Have you ever relapsed?		x				
10) If you relapsed, did you stop going to meetings, or keep coming back? Why?		x				
11) If you relapsed and stopped coming to meetings, why did you start coming back?		x				
12) If you relapsed & left the rooms & came back, would you have come back sooner if: a) you received a phone call inviting you to a regular meeting? b) you received a phone call inviting you to a members-in-relapse meeting? c) other (please specify)		x				
13) If you were a member in relapse & still coming to meetings, would you be more interested in a "relapse workshop" or an ongoing meeting for members in relapse?		x				
14) What do you think you personally need to do to strengthen your recovery?		x				
15) How many people attend your home meeting?		x				
16) What do you see as your home meeting's strengths?		x				
17) What do you see as your home meeting's weaknesses?		x				
18) Does your home meeting ever get newcomers?		x	x	x		
19) Do newcomers return after the first few meetings?		x				
20) If newcomers don't return, what do you think is the reason?		x				
21) What could intergroup do to strengthen your home meeting?	x	x		x	x	x
22) Rate the following possible Intergroup services in terms of their importance: High, Medium, Low	x	x	x		x	
23) Rate the following workshops in terms of their importance: High, Medium, Low		x			x	
24) Rate the following High, Medium, or Low as possible topics in our Newsletter:				x		x
25) Are you willing to do more service to support OA? How?	x					