

Giving Service at All Levels

Giving Individual Service

Staying abstinent is a service to ourselves and to others as well.

Sharing at a meeting helps us and other members at the meeting.

Simply attend a meeting.

Make a phone call, text, or send an email.

Be willing to listen.

Receive a phone call, text or email and respond.

Set up literature or chairs in a Face to Face meeting.

Greet a newcomer; remember how you felt at your first meeting.

Take the time to answer a newcomer's questions.

Be willing to sponsor; everyone has SOMETHING which they can offer to another member!

Have a sponsor!

Contact members you haven't seen in a while.

Ask "How are you doing" and LISTEN to the answer!

Honestly answering the question, "How are you doing?"

Think before you speak harshly.

Agree to have your contact information listed on the meeting list.

Practice the program to the best of your ability.

Work and live the steps.

Be honest with ourselves.

Give someone a hug

Be tolerant and accepting of others

Do a kind deed anonymously.

Share literature with others, lend books.

Share your experience, strength and hope by submitting an article in your intergroup's newsletter.

Order literature for your meeting.

Prepare a flyer for an event.

Give someone a ride to a meeting

Offer to lead a workshop at a marathon.

Make signs/slogans for your home meeting or a marathon

Attend an Intergroup meeting to voice the concerns of your group.

Call someone to say hello.

Act as your group's treasurer.

Offer to share at other meetings.

Give priority to your personal recovery.

Lead a meeting or act as Zoom host.

Service at the Group Level

Rotation of service is a very important concept; does the same person lead the meeting every week? Have you had the same treasurer or literature person for years?

As a group, make sure the Intergroup has all our current information.

As a group, make sure our meeting is listed accurately on the meeting list.

As a group, make regular donations to intergroup, region and world service so that these groups can perform services for you!

As a meeting, respect the anonymity of your members.

Do you have someone in your group who is the contact person to receive information from World Service and your intergroup and share this information with your meeting?

As a group, send a representative to an Intergroup meeting.

If your meeting is on Zoom, do you have a Zoom Host to protect the anonymity of your membership?

Service Above the Group Level

As an intergroup, we hold workshops, marathons or retreats.

As an intergroup, donate money to Region and World Service.

As an intergroup, send representatives to Region Assemblies.

As an intergroup, send delegates to the World Service Business Conference.

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Intergroup