

Greater Pittsburgh OA Intergroup Meeting Minutes

December 2, 2018 GPI Meeting

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NEXT MEETINGS: 2019 -- Jan 6, Feb 3, Mar 3, Apr 7, no May meeting, Jun 2

NEXT Mailing, Literature Order & Deadline: delivered at Jan GPI meeting (deadline for submission Dec 15th)

ROLL CALL: 21 people present (19 voting members)

2 Executive board: **Linda A.** (Vice-Chair), **Ruth D.** (Treasurer)

7 Standing Chair(s)/Regional Reps/WSBC Delegates: **Beth D.** (12th Step Within-remotely), **Monica F.** (Public Info), **Elaine T.** (Speakers Bureau), **Jeanne H.** (VOR-remotely), **Lanie T.** (Marathon), **Kristi K.** (Region 7 Rep), **Dorothy W.** (Region 7 Rep & WSBC Delegate)

10 Reps: **Jessica F.** (Sun 6p Brentwood), **Melanie G.** (Mon 7p Sewickley), **Sue C.** (Mon 7:30p Brentwood), **Dee C.** (Tue 7p Plum Borough), **Judy D.** (Wed 10a Pgh-E Liberty), **Gene M.** (Wed 6p Monesson), **Alison C.** (Wed 7:15p Mt Lebanon), **Frank G.** (Thu 7p Monroeville), **Sheree C.** (Fri 7:30p Vandergrift), **Denise C.** (Sat 10a Monroeville)

2 guests: Kate H., Jacqueline R.

MINUTES: November minutes approved as submitted

REPORTS (Executive Board):

Chair: Linda P. chaired this month's GPI meeting, there was no Executive Board meeting in November

Vice-Chair: report reviewed, no questions

Treasurer: report & financials reviewed, Ruth reviewed the November financial figures, Jessica will update the financial documents so that the Gratitude contributions are shown separately

REPORTS (Standing Committee Chairs):

12th Step Within: report reviewed, 12th Step Within Day is on a Wednesday and the following meetings have committed to discuss the "Before You Take That First Compulsive Bite" pamphlet: 10a Pgh-E Liberty, 3p Johnstown, 6p Monesson, 7:15p Franklin Park, 7:15p Mt Lebanon; May 19th Spring Workshop will tentatively be held at the Hillman Cancer Center, topic is Relapse and a committee of 5 is hard at work

PO: vacant, no report

PI: report reviewed, the VOR article on Lower Burrell's use of an electronic bulletin board will use the PI email and not Lori's personal email; other PI projects in Region 7 include South NJ diner placemats have put the knife/fork brochure and cost \$400 for 4 months and Baltimore is trying to contact bariatric surgeons to share public information on OA. Our attempt at putting public information with CMU nutritionist was turned down. Pitt is happy to keep flyers in health center.

Speakers Bureau: no report submitted, a speaker is lined up for today

VOR Editor: report reviewed, Jeanne is working on adding the WSO event calendar link to the VOR.

Marathon: report reviewed, IDEA Day made a great impact, spring retreat will feature a speaker from the state of Indiana, Monroeville gave a full retreat scholarship and Monesson gave a half retreat scholarship

REPORTS (Other Trusted Servants):

Region 7 Representatives & Alternates: reports reviewed, investigating a newcomers dos and don'ts based on a region trifold. Investigating what another region is doing to find groups of people who fit descriptions such as bulimics or African Americans.

World Service Business Conference Delegate: report reviewed, no questions, WSBC is May 6-11, 2019

Webmaster/Administrator: report reviewed, no questions

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OLD BUSINESS:

- Increasing contributions: discussion delayed until we see how much comes in due to Gratitude month
- No change will be made to Marathon Committee name, Jess will post short descriptions of each position/committee on the website roster
- We'll discuss policy issues for virtual GPI meeting attendance after testing the system

NEW BUSINESS:

- The Executive Board will find chairs and set up a sign up sheet and not take up time going forward at the GPI meetings. It is possible that the GPI Chair position could be filled if someone applies and is appointed by the Executive Board before elections in October 2019.

There were no ASK IT BASKET/GROUP CONCERNS or ANNOUNCEMENTS

Meeting adjourned

GPI Reports for 12/2/18

VACANT: Chair, Professional Outreach, Region 7 Reps-3 / Alts-3, World Service Delegates-2 / Alts-2

Vice-Chair: November

- Cleaned out mail boxes
- Researched Virtual Meetings' history on Region 8 site
- Reviewed Main Motions and how they affect our Policy and Procedure Manual

Vice-Chair: December Goals

- Share Virtual Meetings' information with Committee Chair
- Work on Policy & Procedure Manual (add new)
- Work on Main Motions (page APPENDIX B 5)
- Attend any Marathon Committee Meetings invited to
- Attend Executive Board conference call
- Prepare for January meeting & clean out mail boxes

Treasurer: November

- Cleaned out Treasurer, Finance Committee, and Ex-Officio mailboxes
- Received mail from PO Box
- Paid all bills & deposited group contributions
- GPIOA approved 2019 budget
- Continue to transition from Cecelia to Ruth
- Updated spreadsheet, reconciled spreadsheet with bank statement
- Available to facilitate electronic donations by groups

Treasurer: December Goals

- Clean out Treasurer, Finance Committee, and Ex-Officio mailboxes
- Continue to receive and (distribute where appropriate) mail from PO Box
- Pay all bills and deposit group contributions and other receipts
- Update spreadsheet, reconcile bank statement with spreadsheet & bank statement
- Attend Executive Board conference call
- Be available to facilitate electronic donations by groups

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12th Step Within: November

- Cleaned out mailboxes
- Several meetings agreed to have abstinence programs for 12th Step within Day
- Worked on a workshop for May 19, possible topic relapse.

12th Step Within: December Goals

- Secure locations for the spring workshop and picnic
- Work on programs for them.
- Clean out mailboxes.
- Work on a questionnaire about topics of interest to be passed out and collected at the spring retreat.

Public Information (PI): November

- Cleaned out both email addresses
- Participate with Lori at the CMU Healthfair distributing 95 of the Fifteen Questions Cards and discussed/answering questions of participants.
- Follow-up with CMU Student Healthcenter Director for displaying OA literature in the Health center.
- Contact and discussed with 11 of the PI Intergroups Chairs in Region 7 regarding other PI opportunities.
- Lori M. continuing to work on VOR article regarding use of community sign by Lower Burrell meeting

Public Information (PI): December Goals

- Follow up with recently identified PI opportunity for on-line calendar in Western PA
- Investigate opportunity to place OA poster on paper placemats at restaurants.
- Continue to research other PI opportunities

Speakers Bureau: no report submitted

VOR: November

- Cleaned out both mailboxes.
- Sent VOR 1st Quarter draft to committee for proofing and review.
- Attended orientation for new chairs.

VOR: December Goals

- Finalize 1st Qtr VOR for January distribution.
- Review old business from prior committee meeting minutes and determine what is still outstanding.
- Determine theme for the 2nd Qtr VOR so we can get out notice for article contributions.

Marathon: November

- November Goals
- Extend unfinished business to next month.
- Idea Day held successfully.
- Monroeville group is holding OA Birthday....more to come. Thanks everyone.
- Marathon team making reminders for March retreat. Will have at intergroup.

Marathon: December Goals

- Marathon committee will meet before intergroup
- Send article regarding retreat status and event info to VOR
- Clean out mailboxes

Region 7 Representatives (Dorothy W): November

- Cleaned out mailbox

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- Chaired TSW committee conference call
- Worked on updating Region 7 Speakers List

Region 7 Representatives (Dorothy W): December Goals

- Clean out mailbox
- Continue work to update Region 7 Speakers List

Region 7 Representatives (Kristi K): no report submitted

World Service Delegates (Dorothy W): November

- Cleaned out mailbox

World Service Delegates (Dorothy W): December Goals

- Clean out mailbox
- Interview 5 members for UWD (Unity With Diversity) committee
- Participate in UWD conference call.

GPI Webmaster/Administrative Special Worker: November

- Website, gpioa.org email aliases, database & online archive current, pairList active, continued to check voicemail box & send out packets as needed (15 meeting lists mailed out as of 10/31/18: 0 January, 1 February, 1 March, 2 April, 2 May, 2 June, 1 July, 4 August, 1 September, 0 October, 1 November)
- Sent out all GPI emails re: upcoming events & announcements
- Talked to Ruth D re: Treasurer's archive issues (will follow up after the New Year)
- Held new chairs orientation meeting
- Prepared for November GPI meeting: created reporting document, cleaned email boxes & sent monthly reminder, posted documents online, printed needed documents

GPI Webmaster/Administrative Special Worker: December Goals

- Keep website, gpioa.org email aliases, database & online archive current, continue work w/Tech Committee, clean out email boxes, work with new Chairs as needed on technical issues
- Schedule orientation meeting with new Chairs
- Talk to Linda P re: Policy & Procedure Manual updates
- Check GPI voicemail at least 3 times per week and send out meeting lists as needed
- Submit meeting list changes to WSO as needed
- (future goal) review GPI physical documents & scan for online archive