

Greater Pittsburgh OA Intergroup Meeting Minutes

December 6, 2020 GPI Meeting held via Zoom

NEXT MEETINGS: *January 10, February 7, March 7, April 11, June 6*

NEXT Mailing, Literature Order & Deadline: *unknown due to COVID-19*

ROLL CALL: 18 people present (18 voting members)

3 Executive board: **Kristi K.** (Chair), **Linda A.** (Vice-Chair), **Ruth D.** (Treasurer)

6 Standing Chair(s)/Regional Reps/WSBC Delegates: **Beth C-R.** (12th Step Within), **Jessica F.** (Professional Outreach), **Donna G.** (Speakers), **Shawn N.** (VOR Editor), **Sheree C.** (Marathon), **Tricia S.** (Region 7 Rep)

10 Reps: **Susan C.** (Mon 7:30p Brentwood), **Janet A.** (Mon 7:30p Lower Burrell), **Jeannie M.** (Tue 10a Beaver), **Kathi W.** (Wed 10a Pgh-E Liberty), **Gene M.** (Wed 6p Monesson), **Ethel H.** (Wed 7p Pgh-Greenfield), **Katie H.** (Wed 7:15p Franklin Park), **Elaine R.** (Thu 10a Aspinwall), **Elaine T.** (Sat 10a Monroeville), **Karen A.** (Sat 10:30a Cranberry Twp)

0 guest:

ANNIVERSARIES:

MINUTES: November minutes approved as amended

REPORTS (Executive Board):

- **Chair:** Donna G is the new chairperson for the Speakers Bureau.
- **Treasurer:** Report & financials reviewed. The rent expense on page 3 of \$24.95 per month reflects the U Haul storage rent. A new 1 year GPIOA Zoom account was purchased for \$128.31 with the GPIOA debit card using a Zoom coupon code for first time users. GPIOA is presently not donating for UPMC facility use. Receipt notations include 6 donations for Idea Day. When donating by PayPal, please use the Family and Friends option to avoid the PayPal fee. You may indicate each amount donated to 1 or more GPIOA accounts.

REPORTS (Standing Committee Chairs): Committee reports previously submitted were reviewed and Chairpersons reported any new information.

- **12th Step Within:** Please share information about upcoming events with all groups. Flyers including access codes are available under EVENTS on the GPIOA website. The 12 Step Stepathon is scheduled for Saturday 12/12/20 from 9AM to 9PM. A Spring Event will be developed.
- **Professional Outreach:**
- **Public Information:**
- **Speakers:** Donna G was appointed as the new chairperson.
- **VOR Editor:** First quarter 2021 submissions have been received. The theme is the 3 Leg Stool. The theme of the second quarterly issue is Tools for Handling Change. Submission deadline is February 15. The committee is discussing a method of distributing current and archived issues of the VOR with a focus on assuring anonymity.
- **Marathon:** Feedback indicates that the 11/21 IDEA Day Workshop was a success. The OA BIRTHDAY EVENT "Celebrating Years of Success" is scheduled for Sunday, January 17 from 2-5PM. A flyer including access information was developed and posted on the GPIOA website. The Marathon and Executive Committees have been involved in extensive discussions regarding the March OA Retreat. Because of scheduling conflicts, the scheduled speaker requested that another and very large OA Region be included in the March 2021 GPIOA Weekend. The Marathon Committee chairperson and a committee member talked extensively with the speaker and representative of the other region as well as with the GPIOA executive committee. Group conscience meetings were held. It was decided that the March 19-21, 2021 GPIOA Retreat will be rescheduled.

REPORTS (Other Trusted Servants):

- **Region 7 Representatives:** Ruth D. and Tricia S attended the Virtual Fall Assembly. A contribution of \$1,000. was authorized by the GPIOA to Region 7. The representatives discussed 11 regional outreach activities including conducting a survey of Region 7 Intergroup chairpersons, possible development of a Facebook page, providing information to professionals and new groups, and underwriting professional outreach efforts. There is a Region 7 Librarian who distributes hard copy information as needed. Region 7 authorized a contribution of \$20,000 to the OA World Service Organization, leaving a balance if around \$ 50,000. Ruth D. will be stepping down as a Regional Representative because of schedule demands. She will remain Treasurer of GPIOA. The next Region 7 Meeting is scheduled for January 5, 2021. The next World Service Convention is scheduled for 8/2021 in Orlando, Florida. There is ongoing discussion about OA WSO joining with AA for assemblies every 5 years.
- **WSBC Delegates:**
- **Webmaster/Administrator:** Meeting packets are sent by email at this time. Information and handouts are available on the GPIOA website.

OLD BUSINESS:

- **GPI Zoom Account:** GPIOA has purchased a licensed ZOOM account available for GPIOA and committee meetings. The account accommodates 1 meeting at a time. Meetings would be scheduled and coordinated by Jessica F. Policies and procedures will be written for the manual. Each meeting will continue to decide their preferred meeting format.
- A provisional budget has been developed. A move to accept the budget was made by Katie and seconded by Jessica. The budget was approved as written.

NEW BUSINESS:

- The decision to reschedule the March 19-21 2020 GPIOA Retreat was discussed at length.
- Jessica requested that meetings share their Holiday scheduling or changes in meetings with her as soon as possible.
- Elaine R. shared that a Region 7 Candlelight Service has been scheduled for Friday, Dec 4. Contact her for additional information.
- The next GPIOA Meeting is scheduled for 2:00 on Sunday, January 10, 2021

ASK IT BASKET/GROUP CONCERNS:

None

Meeting adjourned

GPI Reports for 12/6/2020

VACANT: Public Info, Region 7 Reps-3 / Alts-2, WSBC Delegates-3 / Alts-2

Chair (Kristi K): November

- Prepped for December GPI meeting
- Cleaned out Chair, Ex Officio and Executive Board mailboxes
- Attended and wrote up meeting notes from the 11/22 Executive Board conference call

Chair (Kristi K): December Goals

- Be available to Standing Chairs
- Clean out mailboxes
- Prep agenda for and facilitate monthly Executive Board conference call

- Prep for January GPI meeting

Vice-Chair (Linda A): November

- Reviewed all previous GPI minutes (that I had hard copies of) for MAIN MOTIONS
- Attended Executive Board conference call
- Cleaned out mailboxes

Vice-Chair (Linda A): December Goals

- Review Policy and Procedures Manual for updates completed
- Check with webmaster re: how to retrieve old minutes
- Clean out mailboxes
- Attend Executive Board conference call

Treasurer (Ruth D): November

- Cleaned out Treasurer and Finance Committee (FC) mailboxes
- Paid all bills
- Deposited group contributions & was available to facilitate electronic donations by groups
- Updated spreadsheet, reconciled spreadsheet with bank statement
- Attended Executive Board Conference Call
- Helped Jess set-up Zoom account

Treasurer (Ruth D): December Goals

- Clean out Treasurer and Finance Committee mailboxes
- Continue to receive and (distribute where appropriate) mail from PO Box
- Pay all bills and deposit group contributions and other receipts
- Update spreadsheet, reconcile bank statement with spreadsheet
- Attend Executive Board conference call
- Be available to facilitate electronic donations by groups
- Renew USPS P.O. Box for 2021

12th Step Within (Beth R): November

- Cleaned email boxes
- Currently have 10 of 12 hours filled for Step-a-thon
- Putting together questions for members regarding Spring Workshop
- Looking into better ways to share events with Region 7

12th Step Within (Beth R): December Goals

- Find topic for spring workshop
- Write article regarding Step-a-thon for the VOR
- Clean email boxes

Professional Outreach (PO-Jessica F): November

- Committee member checked & cleaned out mailboxes
- Received PI/PO literature & info from Monica F
- Contacted former committee member re: picking up PO Manual
- Started going thru all the PI/PO stuff from Monica & organizing everything

Professional Outreach (PO-Jessica F): December Goals

- See if any PI committee members are interested in helping w/PO
- Schedule PO committee meeting for January
- Clean out mailboxes
- Determine PI/PO schedule for remainder of my term & which events should be handled by each committee

- (future goal) Deliver literature orders to groups for Adopt a Rack if groups reopen for live meetings

Speakers Bureau (Donna G): November

- Appointed to position by Exec Board
- December chair Elaine T, speaker Sylvia O, Zoom host Erin R
- Cleaned out both mailboxes

Speakers Bureau (Donna G): December Goals

- Transition to committee and/or new chairperson
- Contact Jessica F to get updated Speakers List

VOR (Shawn N): no report submitted

Marathon (Sheree C): November

- Held committee meeting November 19 for last-minute IDEA Day planning.
- IDEA Day was held November 21. About 25 people attended in all. The speakers were very much appreciated, and the feedback from participants was good.
- Continued committee work on OA Birthday Party to be held on Sunday January 17, 2021, from 2-5 p.m. Theme: Coming together to celebrate years of recovery. FLYer is in the works and will be ready soon for posting on GPIOA.org
- We will use my personal Zoom account, as I needed to schedule it in order to do the flyer.
- Birthday Speakers have been contacted.
- Retreat March 19-21: is undergoing some changes, and I will explain further on Sunday.
- We will hope to open registration January 1, 2021
- Cleaned out all email boxes.

Marathon (Sheree C): December Goals

- Chair special Committee meeting scheduled for December 3, 7:30 on Zoom to discuss Region 8 proposal
- Chair Committee meeting December 10, 2020 to iron out all Birthday details and debrief IDEA Day.
- Work on flyers for OA Birthday Party and Unity Day and get them posted to GPI website.
- Continue to coordinate plans with Region 8.

Region 7 Representatives (Tricia S): November

- Cleaned out all mailboxes
- Attended Region 7 Virtual INTERGROUP RENEWAL COMMITTEE MEETING(IGRC) 10-17-10
- Send Report on IGRC first meeting at Region 7 Assembly:
 - IGRC MEETING:
 - Introduction of members, Reviewed February Minutes
 - Purpose of getting intergroups involved in greater OA
 - New IG Chair orientation
 - IG Inventory training when new guidelines (Svc, Traditions, Concepts Manual)
 - Spring 2021
 - Proposed Budget to Region 7 (\$1000)
 - Discussed IGRC outreach activities to Intergroups in region (11 possibilities)
 - Elected Officers
 - Homework assigned and next meeting to set later (Dec 1, 2020)
 - CHALLENGE TO ALL INTERGROUPS:
 - Any intergroup that holds a workshop using the new Body Image, Relationships, & Sexuality book by the next Assembly will be eligible to win free registrations to the next in-person Assembly.
 - COMING EVENTS:

- WSO Business Meeting on April 21-24, 2021 in Albuquerque, NM
- WSO Convention on August 26-28, 2021 in Orlando, FL

Region 7 Representatives (Tricia S): December Goals

- Clean out all mailboxes
- Attend Intergroup Renewal Committee Virtual meeting (IGRC) 12-1-20
- Check Reg 7 website for Resources for the IGRC
- Decide topics to focus on for my service on the committee

Region 7 Representatives (Ruth D): November

- **Attended Fall Assembly:** Because Tricia did such a wonderful job reporting on the overall assembly, this report will only cover the small Outreach Committee Meeting I attended (without Tricia):
 - Region 7 has a tablecloth and a new (much lighter weight) banner available for in-person health fairs. Shipping is only \$35.
 - Old business was discussed by current members. Nothing was mentioned that was of importance to GPIOA.
 - Ideas that were mentioned that could possibly be of interest to GPIOA (if we ever get a PI/PO Chair...)
 - Jersey IG has a “librarian” who sends out literature to professionals and newcomers at IG meetings.
 - Region 7 DOES HAVE funding available for PI/PO events, but will only reimburse IG’s who are not financially healthy.
 - South Jersey is doing presentations for medical students including psychiatrists.
 - Virtual Health Fairs are being attended by some IG’s.
 - WSO still has Public Service Announcements available for use.
 - An IG has its own Facebook page which is managed by the PI Chair and the Webmaster (WHO HAS AN ASSISTANT). The FB page is linked to the IG web page. Everyone agrees that outreach to young people is best done with a Facebook link.
 - Region 7 is considering updating its web page.
 - Discussed making a \$20,000 donation to WSO due to availability of funds within Region 7.
 - And someone mentioned that one of their members has made it her goal to attend an OA meeting from every IG IN THE WORLD... Covid has forced all OA meetings to go to Zoom which makes it possible to attend meetings worldwide. New Zealand is the only country without virtual meetings.

GPI Webmaster/Administrative Special Worker (Jessica F): November

- Website, gpioa.org email aliases, database & online archive current, pairList active, WSO meeting list up to date, continuing work with Technical Committee, checked voicemail & sent out meeting packets:
 - 2020 4 sent: 0 Jan, 1 Feb, 0 Mar, 0 Apr, 0 May, 0 Jun, 0 Jul, 0 Aug, 0 Sep, 0 Oct, 3 Nov (as of 12/1/2020)
- Sent out all GPI emails re: upcoming events & announcements
- Set up GPI Zoom Account, started researching how to be administer that
- Spoke with VOR committee members re: requirements for posting old VORs on a publicly accessible dedicated VOR committee page
- Prepared for December GPI meeting: created reporting document, cleaned email boxes & sent monthly reminder, posted documents online

GPI Webmaster/Administrative Special Worker (Jessica F): December Goals

- Keep website, gpioa.org email aliases, database & online archive current, continue work w/Tech Committee re: WSO meeting list, clean out email boxes, check voicemail regularly & send out meeting lists as needed
- Work on PnP Manual & Bylaw amendments with Linda A (particularly how to handle GPI Zoom Account, pairList approvals)

- Continue work on password protected online archive page on GPI website
- Work with Executive Board on contingency planning issues such as approving all-GPI emails
- (future goal) Find a Tech Committee member to add GPI events to the Region 7 events online calendar (as of 7/30/2020, the WSO events calendar has disappeared -- it's now on the official OA facebook page, and posting events there could compromise anonymity -- all GPI flyers are anonymous, but it's not clear if when we post an event the person posting it has to compromise their anonymity, or if we then open up the possibility for random people to break their own anonymity by saying they'll attend as people usually do with Facebook events)
- (future goal) review GPI physical documents & scan for online archive