

Minutes: Executive Board Meeting November 21, 2023

Attendees: Ro M., Chair; Tricia S., Vice-Chair; Sheree C., Secretary (took minutes); Kristi K., Ex-Officio, (*Dee C., Treasurer, absent*)

Serenity Prayer

GPI Meetings

- Outreach to new/first time attendees? we care in chat, welcome call, mentor offer
- Sheree to take roll call going forward
- How to make concepts reading less clunky? Read only the Concept of the month: Will ask for a motion at GPI to change the format.
- Feedback on the follow up email (“VOR” contributions for spirituality vs religion)
- 11/19 meeting on embedded emails for agendas and follow-ups
- 12/3 agenda items
 - We care list for GPI attendees
 - Getting everyone’s name on our email list
 - Spirituality vs religion writing for Q1 follow ups
 - IR Mentor program-will put out another call for volunteers
 - PNP amendments
 - Upcoming events & 12th Step Within activity sheet
 - Online focus group best practices will meet 11/26
 - Volunteers for focus groups WSO/PnP amendments, website experience, obstacles to volunteering

2024 Budget

- *Reaching out to meetings that don’t contribute—Jess/Linda list, after on-line focus group- held for a later date.*
- *Fixed costs—telephone, P.O. box, storage space- held for a later date.*
- Google non-profit status- Two step plan identified.
- (OA vs Amazon) Digital versions of OA literature/no shipping costs via Amazon, Apple, B&N

Intergroup Rep Mentoring Program

- Posting the form/identifying mentees
- Identifying willing mentors

PnP Update—Amendments from 11/15 PnP meeting Jess emails 11/17

Attracting New Members

- Outreach without an outreach committee—PIPO manual- Ro has a hard copy.
- Budget for only 100 brochures & postage—most effective audience? PCPs, behavioral practices, ERs — wait for WSO packet?
- In process at WSO: medical package, posters, food plan video, PSAs (post on website?) — when will each of these elements be available—Tricia 11/29 meeting

Engaging Members/Encouraging Service

- Focus groups: online, WSO/PnP discussion, website experience, obstacles to service
- (suggested participants?)
- Asking membership for help on GPI events and projects
- Supporting Online Meetings—11/26 meeting (Melanie, Sheree, Liv, Kandy, Pat, Roger, Ethel)
- Issues & best practices on platform, meeting structure (including 7th tradition),
- transition from in-person (incorporate literature issue)

Establishing More Face-to-Face Meetings - Saved for a future date

Offer Workshops & Events

- Without Events committee, promote virtual workshops through the national OA organization (should we promote our virtual events to the larger organization?) and/or develop a list of available templates and ask individual meetings to sponsor?
- Ask IRs workshop topics they would like to see—shame, sponsorship, newcomer, what to say to your doctor, all the steps, individual steps, 9 tools, plan of eating (maybe with a local nutritionist that understands OA), what if someone isn't following traditions

Closed with Serenity Prayer

Next Meetings

Sunday, December 17, 4:00 p.m.