

## November GPI Highlights

- Join a virtual IDEA Day celebration on November 18:  
<https://oabaltimore.org/wp-content/uploads/2023/10/IDEA-Day-2023.pdf>
- Celebrate 12<sup>th</sup> Step Within with these wonderful activities:  
<https://www.gpioa.org/docs/events/23-1212Day.pdf>
- Call new Speaker Bureau Chair Liv S. at [speakers@gpioa.org](mailto:speakers@gpioa.org) to get a speaker or be a speaker.
- We are looking for helpers for GPI's Feb 24 Unity Day event. Call Linda A. at 724-939-3997 if you able and willing help.
- Support World Service by purchasing OA literature from OA versus other retailers.



## You Are Invited December GPI Meeting

December 3, 2023  
2-3:30 PM  
Zoom ID: 913 2714 4793  
Passcode 145276

Look for the emailed agenda 12/1.

## The Gift of Contentment

After much reflection, I think that of the many gifts that this program has given me, I want to reflect on how grateful I am for the gift of contentment. Before I came to OA, I was never satisfied. Period. There was not enough food to satisfy my cravings. (Craving is never satisfied!) There was never enough approval to satisfy my need to please. Holidays and special events were never quite perfect enough to live up to what I had built in my mind. I never had enough! Now, I find I am quite contented with my life. I have enough, and I'm even beginning to believe that I AM enough. And that is a very good reason for gratitude.

—Anonymous

## 11<sup>th</sup> Step Prayer

Lord, make me an instrument of thy peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

## Thanksgiving Schedule

The Aspinwall Thursday 10 am zoom meeting **will meet** on Thanksgiving Day.

The Bellevue Thursday 5:30 meeting, Thursday 6 pm Meadville meeting and Thursday 9 pm Pleasant Hills Zoom meeting **will not meet** on Thanksgiving Day.