

# GPI Agenda for 8/4/24, 2-3:30 PM

Zoom Meeting ID 913 2714 4793 Passcode 145276 or call (301) 715-8592

<https://us06web.zoom.us/j/91327144793?pwd=YXR5dHRvcIRDd25wcEEzL3hHWXpHUT09>

## Welcome

- Serenity Prayer
- 8th Concept of OA Service (12 Concepts of OA Service available at <https://oa.org/service-bodies/twelve-concepts/>)
- Anniversaries since last GPI meeting
- Reminder to put we care phone numbers and emails in chat

## Roster Changes/Appreciation of Service

- Tricia S. stepping back from Vice Chair/Policy chair, but remains WSBC delegate
- Melanie G. stepping back from Region 7 representative
- Gene M. stepping back from Events chair

## Roll Call

- Executive Board (3 for quorum)
- Standing Committee Chair/Trusted Servants (2 for quorum)
- Intergroup Reps (minimum of 2 for quorum)

**MOTION:** Approval of Previous Month's Minutes (Please review in advance of the meeting.)

- Previous month's minutes at <https://gpioa.org/docs/gpimtgs/2024/240707GPIMinutes.pdf>

## Review of Current Month's Reports

- Current month's reports at <https://gpioa.org/docs/gpimtgs/2024/2408Reports.pdf>

## Discussion Items:

- **A Look Behind the Scenes: GPI Treasurer Role/Dee C.**
- **Abusive Texts/Meeting Options**
- **Definition of Abstinence:** Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body weight.
- **Suggested Contribution \$5/week**
- **Representatives' Ideas for Attracting New Members**
- **Upcoming Events**
  - 8/17, 10a-12p [Virtual Sponsorship Success Workshop](#) sponsored by Sat 9a Shadyside meeting
  - 9/13-9/15 [10th Annual "Just Rustic Enough" OA Men's Retreat](#) at Laurel Hill State Park
  - 9/21, 1p-5p [Fun Not Food Picnic](#) sponsored by Cranberry & Butler Meetings at North Park Gold Star Pavilion
- **Other Issues & Concerns**
  -

## Take-aways

## Adjourn

**Responsibility Pledge:** Always to extend the hand and heart of OA to those who share my compulsion, for this I am responsible.

**Next meeting September 8, 2024**

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### GPI Meetings are in Bold

Month	Date	Event
<b>August</b>	<b>4</b>	<b>GPI Meeting</b>
	17	Sponsorship Success Workshop – Sat 9a Shadyside Mtg
	17-18	OA Sponsorship Weekend
	18	GPI Executive Board Meeting
<b>September</b>	<b>8</b>	<b>GPI Meeting</b>
	13-15	Just Rustic Enough Men’s Fellowship Weekend
	21	Fun Not Food Picnic - Butler & Cranberry meetings
	22	GPI Executive Board meeting
	27-29	Region 7 Fall Assembly
<b>October</b>	<b>6</b>	<b>GPI Meeting</b>
	20	GPI Executive Board Meeting
<b>November</b>	1-3	Region 7 Convention
	<b>10</b>	<b>GPI Meeting</b>
	16-17	OA IDEA Weekend
	24	GPI Executive Board Meeting
<b>December</b>	<b>8</b>	<b>GPI Meeting</b>
	12	12th Step Within Day
	15	GPI Executive Board Meeting
<b>January</b>	<b>5</b>	<b>GPI Meeting</b>
	19	GPI Executive Board Meeting
<b>February</b>	<b>2</b>	<b>GPI Meeting</b>
	16	GPI Executive Board Meeting
<b>March</b>	<b>2</b>	<b>GPI Meeting</b>

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Month	Date	Event
	16	GPI Executive Board Meeting
<b>April</b>	<b>6</b>	<b>GPI Meeting</b>
<b>May</b>		No GPI Meeting
	18	GPI Executive Board meeting
<b>June</b>	<b>8</b>	<b>GPI Meeting</b>
	22	GPI Executive Board Meeting
<b>July</b>	<b>13</b>	<b>GPI Meeting</b>
	20	GPI Executive Board Meeting
<b>August</b>	<b>3</b>	<b>GPI Meeting</b>
	17	GPI Executive Board Meeting
<b>September</b>	<b>7</b>	<b>GPI Meeting</b>
	21	GPI Executive Board Meeting
<b>October</b>	<b>5</b>	<b>GPI Meeting</b>
	19	GPI Executive Board Meeting
<b>November</b>	<b>2</b>	<b>GPI Meeting</b>
	16	GPI Executive Board Meeting
<b>December</b>	<b>7</b>	<b>GPI Meeting</b>
	12	12th Step Within Day
	21	GPI Executive Board Meeting