

Greater Pittsburgh OA Intergroup Zoom Meeting Minutes

September 8, 2024 Minutes taken by Sheree C.

Serenity Prayer

Reading of the Ninth Concept of OA Service

ANNIVERSARIES: Beth A. 9 years in meetings, Ro 30 years in program

ROLL CALL: (15 people present, 15 voting members)

4 Executive board: **Ro M.** (Chair), **Dee C.** (Treasurer), **Sheree C.** (Secretary) **Kristi K.** (Ex-Officio)

3 Standing Chair(s)/Regional Reps/WSBC Delegates: **Liv S.** (Speakers), **Beth A.** (VOR Editor), **Tricia S.** (WSBC Delegate),

Jessica F. (Webmaster) (Voting for Thu. 6p Bellevue)

8 Reps: **Melanie G.** (Mon 7p Sewickley), **Debbie B.** (Mon 7:30p Lower Burrell), **Janine C.** (Tue 7p Plum), **Jessica F.** (Thu 6p Bellevue), **Judy D.** (Sat 9a Pgh-Shadyside), **Beth D.** (Sat 10a Monroeville), **Mary Ann C.** (Sat 10:30a Castle Shannon), **Juanita K.** (Sat 10:30a Erie)

No Visitors

MINUTES: Motion made/accepted to approve August minutes as submitted.

REPORTS (Executive Board): All officer's reports reviewed.

Chair (Ro M): Report reviewed. no questions.

Ex-Officio (Kristi K): Report reviewed, no questions.

Treasurer (Dee C.): Financials Reviewed.

Secretary (Sheree C): Report Reviewed, no questions.

REPORTS (Standing Committee Chairs): All chairs' reports reviewed.

12th Step Chair (Linda A.): Linda was absent. Report reviewed. Other meetings were encouraged to hold the Recovery from Relapse meetings. Two are currently scheduled. Still looking for a meeting to sponsor IDEA Day in November.

Speaker's Bureau Chair (Liv S.): Report reviewed. No new speakers added, no requests.

VOR Editor (Beth A): Committee has decided on 2025 themes. Deadline for current newsletter is coming up on September 14. Please tell groups that Serenity/Courage are great principles. Would love to have more articles. Beth is willing to help edit if someone is hesitant to write an article.

REPORTS (Other Trusted Servants): All trusted servants' reports reviewed.

Region 7 (Kristi K): No activities in the past month. Fall assembly will be September 27-29. Kristi is registered to attend. There is a Region 7 workshop on the benefits of Face to Face meetings posted on R7 website and available for use. <https://oaregion7.org/resources/> Kristi would appreciate feedback on the PowerPoint.

WSBC (Tricia S): Report reviewed. Tricia was able to attend a committee and subcommittee meeting. Subcommittee is Medical and Professionals. She is looking for outreach resources for intergroups.

Webmaster (Jessica): report reviewed. Jessica has discovered an issue on the editable election form on the website and will update it with an editable PDF version after the meeting.

DISCUSSION ITEMS:

- **Chair Role/Ro M.** Ro gave a comprehensive synopsis of her duties as Chair, a report on what GPI is doing to attract new members, and ways she has worked to help make the meetings concise, interesting and informative. We are now sending out an email with highlights of the meetings. Ro went over the small but important GPI roles that are available that would take minimal time commitments.

- **Region 7 Convention, November 1-3:** Items will be collected for a Pittsburgh-themed basket. Contact Liv to get items to her.
- **Upcoming elections/open positions:**
 - **Vice chair:** Attends GPI and Executive Board meetings, as well as chairs the Policy Committee.
 - **Outreach:** Standing chair position. There is a manual available for the position, as well as Public Service Announcements and posters available from World Service. Dorothy W. will man the CMU Health Fair.
 - **Events:** Gene and committee were working to put together a retreat, but he had to step down as a result of a serious traffic accident and injuries. If someone is willing to take the position and take care of IDEA and Unity Day, Picnic, etc., we can separate the position from the retreat.
 - **Treasurer:** While Dee is willing to continue as treasurer, she is also willing to give it up if someone is interested in taking this position.
 - Please submit applications for all positions before the September 22 Executive Board meeting. Position requirements are listed in the PnP manual. If a person is interested in serving a second term, they will still need to submit an application.
- **Encouraging more meetings to send an IR to GPI**
 - Only about half of our meetings send representatives to GPI. We are asking reps to attend one of these meetings to encourage them to send a representative to GPI. A chart of meetings that do not currently have a rep is included in the agenda. Contact Ro if you are willing to participate.
- **Upcoming Events**
 - 9/13-9/15 10th Annual “Just Rustic Enough” OA Men’s Retreat at Laurel Hill State Park
 - 9/21 Fun Not Food Picnic sponsored by Cranberry & Butler meetings at North Park
 - September 27-29 Region 7 Assembly, Winchester, VA
 - September 28, Recovery from Relapse meeting, Monroeville 10 am Saturday meeting
 - October 3, Recovery from Relapse meeting, Aspinwall 10 am Saturday Zoom meeting
 - October 30: GPI booth at the CMU Health Fair
 - November 1-3: Region 7 Convention, Ocean City, MD
 - November 16: IDEA Day - *looking for a meeting to sponsor this event*
 - January 18: OA Birthday sponsored by Monroeville Saturday 10 am
- **Other Issues & Concerns:**
 - New OA book, Diverse Voices & Common Solutions, \$13.50 hard copy, \$9.00 digital copy

ITEMS TO TAKE BACK TO MEETINGS:

- Follow up Email will be sent with take-aways.
- Contact Ro if you are willing to reach out to meetings without an IR rep.
- Share your thoughts on Serenity and Courage in OA with the VOR. Contributions are needed by September 14.
- Donations for a Pittsburgh-themed gift basket for Region 7 convention can be coordinated with Liv S
- Consider increasing your OA contribution to \$5/week to support the various levels of OA

Meeting adjourned with OA Responsibility Pledge.

Next Meeting: October 6, 2024, 2pm, same Zoom info.

GPI Reports for September 8, 2024

VACANT: Vice Chair, Outreach, Events, Region 7 Reps-3/ Alts-2, WSBC Delegates-2 / Alts-2

Chair (Ro M.): August Accomplishments

- Developed plan for increasing GPI meeting attendance

- (With Policy Committee) Began editing Bylaws to ensure alignment with World Service
- Drafted article on sponsorship for VOR

Chair (Ro M.): September Goals

- Request help from GPI attendees to encourage other meetings to send representatives
- Request IRs to consider open GPI positions: Vice Chair, Outreach, Events
- (With Policy Committee) Finish editing Bylaws, secure Executive Board approval for October GPI review

Ex-Officio (Kristi K.): August Accomplishments

- All routine work accomplished

Ex-Officio (Kristi K.): September Goals

- Be available to the Executive Board and support the board's efforts.

Treasurer (Dee C.): August Report:

- Current financial spreadsheet available at <https://gpioa.org/docs/gpimtg/2024/08Financials.pdf>
- Financial Facts: Report Date: September 2, 2024, GPI - September 8, 2024 Meeting
 - Balance: \$11,533.40
 - Receipts vs Expenses: + \$625.12
 - August Contributions: \$1,287.65
 - 2024 Total Contributions \$6,533.48 YTD
 - Average Per Month YTD: \$816.69
 - Unrestricted Fund Balance: \$6,749.40

Secretary (Sheree C): August Accomplishments

- All routine tasks completed in cooperation with Ro, Jessica and Secretarial Committee
- Dawn A responded to email requests for meeting information as of June 2024.
 - 2024-0 Jan, 1 Feb, 2 Mar, 6 Apr, 1 May, 0 June, 0 July, 2 Aug
- Shirley checked voicemail & sent out meeting packets as of June 2024.
 - 2024- 1 Jan, 0 Feb, 2 Mar, 5 Apr/May, 0 June, 2 July, 1 Aug

Secretary (Sheree C): September Goals

- Be available as needed, with emphasis on supporting Chair and Webmaster.

12th Step Within (Linda A): August Accomplishments:

- Held Recovery from Relapse meeting Tuesday August 13 with Plum meeting
- Held monthly committee meeting to prepare for the next two Recovery from Relapse meetings.

12th Step Within (Linda A): September Goals

- Be available to help with Temporary Sponsors: Newcomers' First Twelve Days when necessary - Link is available in the most recent VOR and GPIOA website. Contact 12 Step Within chair if you need help.
- Hold Saturday Monroeville Recovery from Relapse meeting at 10:00 September 28. This is a Face to Face meeting
- Prepare for Recovery from Relapse Meeting Thursday, Oct. 3 at Aspinwall Zoom meeting. This meeting starts at 10:00am.
- We will do these once per month. Contact the committee chair if interested in one for your group.
- IDEA Event - a group needs to be found to sponsor this (November 16) (or the new Event Chairperson will be responsible for this).
- Monroeville Saturday is interested in sponsoring the OA Birthday celebration.

Speaker's Bureau (Liv S.): August Accomplishments:

- One August request for the Speakers List, and no new speakers added to the list.

Speaker's Bureau (Liv S.): September Goals:

- Goal is to continue to announce at meetings that the list is available to request and remind OA members that they can be added to the list if they want to be called to speak.

VOR Editor (Beth A.): August Accomplishments:

- Themes for 2025 VOR editions were established: Q1 - The 9 Tools of Recovery, Q2 - My Spiritual Condition, Q3 - Binge Eating, and Q4 - For This I am Responsible
- Set up layout on draft of the next VOR issue for release in October.

VOR Editor (Beth A.): September Goals:

- Obtain announcements, articles, resources and submissions for the Q4 edition with the theme "Serenity and Courage in OA" by September 14.
- Type up submissions, articles, pictures etc. for the draft of the next edition to submit to the VOR Committee for review and editing approximately by September 20.
- Please think about possible submissions on this theme of Serenity and Courage in your recovery, such as how has OA helped you develop either or both of these qualities, overcoming challenges to maintain these qualities, or what would you tell a newcomer? Please submit to vor_editor@gpioa by 9/14/2024

Region 7 Representative (Kristi K.): September Goals:

- Attend the Region 7 Fall Assembly in Winchester, VA on September 27-29

Region 7 Coming Events to share with your Groups:

- November 1-3, 2024, Ocean City, MD Region 7 OA Convention: "Footwork of Recovery: How People Work Their Program". Flyers coming soon although you can register at <https://oaregion7.org/events/2024-region-7-convention/>

World Service Business Conference (WSBC) Delegate (Patricia S.): August Accomplishments:

- Contacted Secretary of PI/PO Committee and got Zoom ID for PI/PO monthly meeting
- Sent my complete information to PI/PO Secretary since not on the Committee Roster
- Requested name of Chair of the Medical/Professional Subcommittee to which I am assigned in order to give my email address for Zoom ID meetings of subcommittee

WSBC Delegate (Patricia S.): September Goals

- To attend monthly PI/PO committee
- To attend Medical/Professional subcommittee meeting
- Report on above meetings

GPI Webmaster Special Worker (Jessica F): August Accomplishments

- 4 members recruited to website committee
- Initial email sent to Website Committee tasking them with link checking and orienting them to the committee's job
- All other routine duties completed, nothing more to report

GPI Webmaster Special Worker (Jessica F): September Goals

- Move forward with new Wordpress site once go ahead received from Finance Committee/Exec Board
- Work with Exec Board & secretarial committee member to complete contingency planning and secure GPI documentation
- (ongoing) Move publicly available archive documents to GPI website from google as appropriate
- (ongoing) Work with Secretary and Treasurer to consolidate google archives into our nonprofit google address
- (future goal) review GPI physical documents & scan for online archive