

Greater Pittsburgh OA Intergroup Zoom Meeting Minutes

October 6, 2024 Minutes taken by Sheree C.

Serenity Prayer

Reading of the Tenth Concept of OA Service

ANNIVERSARIES SINCE LAST MEETING: None

ROLL CALL: (14 people present, 13 voting members)

4 Executive board: **Ro M.** (Chair), **Dee C.** (Treasurer), **Sheree C.** (Secretary), **Kristi K.** (Ex-Officio)

4 Standing Chair(s)/Regional Reps/WSBC Delegates: **Linda A.** (12 Step Within), **Liv S.** (Speakers), **Beth A.** (VOR Editor), **Tricia S.** (WSBC Delegate)

Jessica F. (Webmaster) (Voting for Thu. 6p Bellevue)

5 Reps: **Debbie B.** (Mon 7:30p Lower Burrell), **Janine C.** (Tue 7p Plum), **Jessica F.** (Thu 6p Bellevue), **Beth D.** (Sat 10a Monroeville) **Juanita K.** (Sat 10:30a Erie)

1 Visitor: Elana P.

MINUTES: Motion made/accepted to approve September minutes as submitted.

REPORTS (Executive Board): All officer's reports reviewed.

Chair (Ro M): Report reviewed. Still reaching out to IR's to try to increase GPI participation. Working on Bylaws to ensure compliance with WSO guidelines..

Ex-Officio (Kristi K): Report reviewed. Mentor program to support new IR's will need guidance to continue as Kristi leaves the Ex-Officio role..

Treasurer (Dee C.) - Financials Reviewed. Budget will be adjusted for 2025 because the Park my phone change will save us about \$684 in the next year. Ro added that we will take another look at our WSO contributions schedule after the website updates are completed.

Secretary (Sheree C): Report Reviewed.

REPORTS (Standing Committee Chairs): All chairs' reports reviewed.

12th Step Chair (Linda A.): Report Reviewed. Temporary Sponsors program has had no response, but you can contact Linda A with any need or questions. Still need an IDEA Day sponsor.

Speaker's Bureau Chair (Liv S.): Report reviewed. No new speakers added, no requests. Comments: There have been some reported requests, but Liv has not yet received them.

VOR Editor (Beth A): Q4 VOR is available as of Oct. 1. The GPI roster was not included because elections were today. The theme for next quarter is on the Tools of Recovery. Articles/news clips can be sent as of now, or going forward. You don't need to be a writer, Beth is willing to edit for you.

REPORTS (Other Trusted Servants): All trusted servants' reports reviewed.

Region 7 (Kristi K): Reports were due right after her return from Assembly, so her report was incomplete and will be added to in the coming months when she receives the post-assembly packet. Kristi focused on safety concerns regarding website security. This was Kristi's fifth assembly, and it was unique to have regional reps from other regions of the country and world attend as guests, and it was exciting to hear their viewpoints. Kristi hopes to see members from our region support Region 7 Convention in November.

(Linda A.): Liv S. is collecting basket contributions for Region 7 Convention. Pittsburgh themed and OA related items are welcome. Linda put the entire Assembly agenda in her report because she thought people might find it interesting. Linda was appointed to the Intergroup Renewal Committee, which wants to do a panel discussion on newsletters, and GPI is invited to participate, because we are one of the few intergroups that publish a regular newsletter.

WSBC (Tricia S): Report reviewed. Tricia is on the Medical Subcommittee. There is a list of resources on the OA.org website for different places that we can reach out to. There is a 1-2 page summary showing ways to participate in different venues.

Webmaster (Jessica): report reviewed. Jessica will be updating the website in stages. There is nothing up to see as of yet, but Jessica shared some of her work in progress with the group.

DISCUSSION ITEMS:

- **Elections:**

- Dee C. for Treasurer: Elected
- Debbie B. for 12th Step Within Chair: Elected
- Liv S. for Speaker Chair: Elected
- Beth A. for VOR Editor: Elected
- Linda A. for Region 7 Representative: Elected
- **Looking for members to fill Vice Chair, events and Outreach positions.** Requirements are in the PnP. The Board can appoint to positions in between elections. We as an intergroup are also able to have 2 more Region 7 and 3 WS reps.

- **World Service Delegate Role/Tricia S.** This is the last year Tricia can serve as our WS Delegate, and hopes that someone will step up to take her place. Tricia shared a comprehensive review of her work as a WSBC delegate. She mentioned that there is a new workbook available on the Traditions.

- **Face-to-Face Meetings:**

- Monday 6:30 at Roots of Faith location in Sharpsburg: New F2F meeting
- Saturday 10:30 Scottsdale Library in Scottsdale New F2F meeting
- Looking for members interested in potential face-to-face meetings near McKeesport, Mt. Pleasant/Connellsville and Sharpsburg, Finleyville
- Looking for a F2F meeting willing to sponsor a hybrid workshop on F2F meetings: The benefits of and how to set one up.

- **Upcoming Events:**

- Region 7 Convention November 1-3
- * Looking for Pittsburgh and OA-themed items for gift basket by 10/15 (Liv S.)
- Looking for a meeting to sponsor IDEA Day event Nov. 16-17 (Lower Burrell Zoom meeting agreed to sponsor the event after the GPI meeting)
- Looking for a meeting to sponsor Recovery from Relapse event

- **What Support DO Meetings want from GPI/Open Discussion:**

- Survey indicated VOR, more F2F meetings, events.
- While members have indicated that they want events, the attendance has been a bit disappointing. Do people really want us to hold events?
- If we were to ask questions of the membership, what questions would you want included?
- Speaker's Chair: Just let members know that I am available, contact me for information.
- 12th Step Within chair: I would like to know what type of events people are interested in? Some members only do Zoom meetings, while others are interested in in-person events. If we do a poll, it would be helpful to find that out.
- It seems that people are so focused on just their own meetings, that they don't think of how attending other events/meetings would work to support their program and abstinence. We need to emphasize how events can enhance our program.
- Possibly we need to ask why people are not attending special events.
- Fellowship happens before and after the meeting. It is hard to do fellowship on Zoom, because you can only have one conversation at a time. I can talk to multiple people at a F2F meeting.
- If anyone went to last year's OA Birthday at Monroeville, send Beth a review and she will include it in the next VOR. Beth D. will try to help with this.

- **Upcoming Events**
 - October 30: GPI booth at the CMU Health Fair
 - November 1-3: Region 7 Convention, Ocean City, MD
 - November 16: IDEA Day - *looking for a meeting to sponsor this event*
 - January 18: OA Birthday sponsored by Monroeville Saturday 10 am
- **Other Issues & Concerns:**
 - Monday 1:30 Zoom meeting is closed
 - New meetings in Sharpsburg and Scottsdale.
 - New chairs and R7 representative
 - Talk to your meeting about sponsoring IDEA Day event
 - Have your meeting sponsor an event to promote more face-to-face meetings
 - Looking for attendees to reach out to meetings without IRs to encourage GPI attendance. A list is attached to the agenda.
 - Share your thoughts on the Tools of Recovery for the VOR. Deadline for submissions is Dec. 15
 - Attendees are invited to join GPI meetings at 1:45 and to stay after the conclusion of the discussion for fellowship.
 - Jessica needs a tech helper to help verify information on the website.
 - Dorothy is looking for a younger person to go to the CMU health fair with her so that younger people will stop by the OA table.
 - We still have open positions: Vice Chair, Events Chair and Outreach.

ITEMS TO TAKE BACK TO MEETINGS:

- Follow up Email will be sent with take-aways.

Meeting adjourned with OA Responsibility Pledge.

Next Meeting: November 10, 2024, 2pm, same Zoom info.