

Minutes: Executive Board Meeting December 14, 2024, 2:00 p.m.

Attendees: Ro M. Chair, Dee C. Treasurer, Sheree C. Secretary (took minutes), **Serenity Prayer & Quick Check-in**

Budget Update:

- What if Outreach costs a little more than the amount budgeted? We would like to mail additional Professional Outreach letters out to College infirmaries and include a poster in the package, to be displayed on campus. We would also like to send posters to each F2F meeting to be displayed in the public poster location where the meeting occurs. Last year we sent letters to the PcP'S of UPMC and would like to cover AHN physicians this year. We have \$276 in the budget for outreach, and this proposal would cost more than that, although probably not a lot more. Treasurer's response: That should not be a problem at this point, and we could have GPI approve the additional spending.
- 3 months' prudent reserve vs our current cushion : The Board agreed that our current cushion was necessary, and an edit to allow for a *minimum* prudent reserve was suggested. An additional edit was suggested to cover meeting procedures for *either* virtual or in person GPI monthly meetings. That will go back to the policy committee for editing.
- Restricted funds subcommittee - who appeared to have strong opinions at November GPI? Anything to add to the questions outlined at December GPI? No one has stepped forward to serve on the subcommittee. Kristi, Sheree and Dee expressed strong opinions, along with a couple others.

Survey Results: What actions should we take in the coming year? From the notes: outreach, recommend service, promote strong meetings. Without an Outreach chair, we are looking at the posters and letters, as well as some social media presence. We have emphasized service consistently, as well as asked about barriers to service. Members responded that the barrier to holding service positions was that they felt that they were too time consuming or daunting.

Promoting Strong meetings: OA Strong meeting checklist: Do a quick writing exercise/sharing time with the GPI representatives. We could also include a couple of the suggestions in the VOR.

Other Issues & Concerns:

- PnP & Bylaw amendments: Hoping to announce the finished amendments at the February GPI meeting, for discussion and voting at the March GPI meeting.
- Retreat volunteers to date: Kristi, Debbie, Jeannie M. We also reached out to a few others. It was suggested that we have at least 6 people for the committee.
- Elaine M. meetings: 10am Tuesday meeting is no longer meeting, but Wednesday and Friday Zoom meetings are still being held, and would like to continue.
- New F2F meeting in Ligonier effective January
- Other: Dee reached out to the insurance company about the issue of possible zoom bombers at virtual meetings attended by minors. Our insurance does not cover that possible scenario, and insurance would double if we wanted that covered. The Board did not think that this is necessary, given the few minors that attend our meetings and the security precautions we have encouraged.

11/10 GPI Agenda Items

- Minutes
- Reports (due Monday December 30, 2024)
- Intergroup Rep Role/Judy D.
- Events
- Service opportunities
- Something interactive on strong meetings? (see Jess' comment last page of survey)

Adjourn

Next Executive Board Meeting: January 19, 2025, 4-5 pm