

GPI Reports for December 8, 2024

VACANT: Vice Chair, Outreach, Events, Region 7 Reps-2/ Alts-2, WSBC Delegates-2 / Alts-2

Chair (Ro M.): November Accomplishments

- Met with Debbie to do brief on chair responsibilities
- Conducted membership survey
- Confirmed Friday 12:30 meeting is alive & well

Chair (Ro M.): December Goals

- Continue to update bylaws and PnP manual for review and approval Q1
- Confirm functioning of Tuesday & Wednesday 10 AM Zoom meetings
- Assemble subcommittee to address and propose resolution to restricted funds question.

Treasurer (Dee C.): December Report:

- Current financial spreadsheet available at <https://gpioa.org/docs/gpimtg/2024/11Financials.pdf>
- Financial Facts: Report Date: December 2, 2024, GPI -December 8, 2024 Meeting
 - Balance: \$ 10,291.67
 - Receipts vs Expenses: \$ -691.09
 - November Contributions: \$ 257.00
 - 2024 Total Contributions \$ 7,788.14 YTD
 - Average Per Month YTD: \$ 708.00
 - Unrestricted Fund Balance: \$ 5,507.67

Secretary (Sheree C): November Accomplishments

- Attended IDEA Day and Thanksgiving gratitude meetings
- Frank G. responded to email requests for meeting information as of October 2024.
 - 2024-0 Jan, 1 Feb, 2 Mar, 6 Apr, 1 May, 0 June, 0 July, 2 Aug, 0 Sep, 3 Oct, 2 Nov
- Shirley checked voicemail & sent out meeting packets as of June 2024.
 - 2024- 1 Jan, 0 Feb, 2 Mar, 5 Apr/May, 0 June, 2 July, 1 Aug, 1 Sep, 0 Oct, 3 Nov

Secretary (Sheree C): December Goals

- Be available as needed, with emphasis on supporting Chair and Webmaster.

12th Step Within (Debbie B): November Accomplishments:

- Confirmed 12th Step Within meetings for 12/12 with local Thursday meetings
- Prepared flyer for 12th Step Within Day and sent to Jess for posting on GPIOA website.
- There were no requests concerning Temporary Sponsors: Newcomers' First Twelve Days. Link is available on our website. Contact 12 Step Within chair if you need help.

12th Step Within (Debbie B): December Goals

- Set up committee meetings.
- Confirm Monroeville Saturday is sponsoring the OA Birthday celebration and offer support.

Speaker's Bureau (Liv S.): November Accomplishments:

- There were two requests for the list; no new speakers were added.

Speaker's Bureau (Liv S.): December Goals:

- Goal continues to be to increase the number of speakers on the list.

VOR Editor (Beth A.): November Accomplishments:

- The VOR 2025 Quarter 1 edition has been started and is about halfway completed.
- Emails have been sent to regular contributors requesting submissions. (People who have already submitted paragraphs were not emailed.)
- Please send any submissions on one or more of the theme "The Nine Tools of Recovery" to vor_editor@gpioa.org by December 15, 2025. You may request to be anonymous. If you want, send

your thoughts and ideas and ask the editor to touch it up for you.

VOR Editor (Beth A.): December Goals:

- Finish typing up the issue by December 16th.
- Submit the first draft to the VOR committee for editing and feedback suggestions.
- Complete final draft and alert webmaster.
- Send out 2025 Q1 issue on January 1st.

Region 7 Representative (Kristi K.): November Accomplishments:

- Met with R7 Twelve Step Within Committee via Zoom on November 17th to discuss committee tasks. The committee continues to work on updating the speakers list and won't be meeting again until the Spring Assembly.

Region 7 Representative (Kristi K.): December Goals:

- Continue annual update of R7 Speakers List. Work must be completed by Dec. 31st.

Region 7 Representative (Linda A.): November Accomplishments:

- Attended Intergroup Renewal Committee Zoom meeting on November 7th.
 - The OA Service PowerPoint is at the Board level for approval.
 - Calling each Region 7 Intergroup is on hold until contact information is received.
 - Sponsorship Meeting Format is on hold until committee members' review.
 - Newsletter Workshop is on hold until the above goals are accomplished or near completion

Region 7 Representative (Linda A.): December Goals

- Attend Intergroup Renewal Committee Zoom meeting December 5, 2024

Additional Information about the Fall Region 7 Assembly:

- Region Chairs Panel Discussion Intergroup Chairs from Region 1,2,3,6 and 8 along with our newly elected Region 7 chair. Here are some highlights: One person said he was "voluntold" to do service. Another said service was mandatory. Try saying "I think you'd be good at this." One said first year people can go to the convention FREE! One said they have newcomer events - advertise in papers, bulletin boards, FaceBook. Weekly newcomer meetings on Zoom. "You're the 10th person I called" to do this service. What sets us apart is the Spiritual aspect.
- Carrying the Message - Some sample ways to share - "I am an abstinent member of OA with physical recovery who gives service." "I have a lot of volunteer opportunities now that I'm retired. An organization I love is OA." "It's worldwide and free. All eating disorders. Like AA." "There are certain foods I can't stop eating or I can't stop myself from eating. "I can't stop with one."
 - If asked what OA is, have a planned "elevator" speech such as "It's an organization like AA but for food. It's a support group for people who have problems gaining, losing or maintaining their healthy weight.

World Service Delegate: Patricia S. (Tricia): November:

- Neither committee met in November, so nothing to report.

GPI Webmaster Special Worker (Jessica F): November Accomplishments

- Finalized answers to questions 4, 5 & 6 raised by R7 chair regarding internet security
- Did additional research on feasibility/necessity of utilizing Wordpress in the future
- All other routine duties completed, nothing more to report

GPI Webmaster Special Worker (Jessica F): December Goals

- Start GPI Facebook page
- Research how to start an anonymous Instagram page
- Work with Exec Board to complete contingency planning and secure GPI documentation
- (ongoing) Move publicly available archive documents to GPI website from google as appropriate
- (ongoing) Work with Secretary & Treasurer to consolidate google archives into nonprofit google address
- (future goal) review GPI physical documents & scan for online archive