

## Greater Pittsburgh OA Intergroup Zoom Meeting Minutes

February 2, 2025, Minutes taken by Sheree C.

### Serenity Prayer

### Reading of the Second Concept of OA Service

**ANNIVERSARIES SINCE LAST GPI MEETING:** 1/9 Jessica F. 30 years Abstinence

**ROLL CALL:** (18 people present, 16 voting members)

**3 Executive board:** **Ro M.** (Chair), **Dee C.** (Treasurer), **Sheree C.** (Secretary)

**4 Standing Chair(s)/Regional Reps/WSBC Delegates:** **Debbie B.** (12 Step Within), **Beth A.** (VOR Editor), **Kristi K.** (R7 Rep), **Tricia S.** (WSBC Delegate)

**Jessica F.** (Webmaster) (Voting for Thu. 6p Bellevue)

**9 Reps:** **Lynn W.** (Mon 7:30p Lower Burrell), **Jessica F.** (Thu 6p Bellevue), **Cinda B.** (Thu 6p Meadville), **Shannon P.** (Sat 9a Bridgeport WV), **Judy D.** (Sat 9a Pgh-Shadyside), **Beth D.** (Sat 10a Monroeville), **Mary Ann C.** (10:30a Castle Shannon), **Chris S.** (Sat 10:30a Cranberry), **Juanita K.** (Sat 10:30a Erie)

**2 Visitors:** **Linda A.**, **Autumn B.**

**MINUTES:** Motion made/accepted to approve January minutes as submitted.

**REPORTS (Executive Board):** All officers' reports reviewed.

**Chair (Ro M):** Report reviewed. The Policy Committee is still working on the PnP manual. Scholarship Fund/Retreat proposal ad hoc committee is being formed. Thirty two mailings for College Health service departments have been prepared.

**Treasurer (Dee C.)** Financials Reviewed. Contributions were down for January. The large negative amount balance for the month was due to payment for our two year's subscription to Pair network and our liability insurance for the year.

**Secretary (Sheree C):** Report Reviewed. Beginning to investigate holding a Traditions workshop.

**REPORTS (Standing Committee Chairs):** All chairs' reports reviewed.

**12th Step Chair (Debbie B.):** Report Reviewed. 12th Step Within is hosting a Zoom meeting for Unity Day on 2/23/2025 from 2-3pm. Looking for meetings interested in holding a Recovery from Relapse program.

**Speaker's Bureau Chair (Liv S.):** Report reviewed.

**VOR Editor (Beth A):** Report Reviewed, newsletter was January 1. Good idea from Kristi K.: the latest edition of the VOR was used as a literature topic for a meeting. Next issue submissions needed by March 15.

**REPORTS (Other Trusted Servants):** All trusted servants' reports reviewed.

**Region 7 (Kristi K):** Report Reviewed. Region 7 Spring Assembly packet now available. Kristi put highlights in her report. There is a move afoot to move the Convention inland to be more accessible to Western PA folk.

**WSBC (Tricia S):** Report reviewed. Tricia is working on Health fair support for the WSBC. Tricia and her committee have created a virtual welcome room on OA.org that can be accessed for intergroup use.

**Webmaster (Jessica):** Report reviewed.

### **DISCUSSION ITEMS:**

#### ● **Events & Activities:**

- Bellevue 2nd Anniversary 1/9 (recap) Special in-person gratitude meeting, and fell on a member's anniversary, which made it extra special. They had some extra attendees.
- OA Birthday by Monroeville 1/18 (recap): Focus was on the Promises, and was very helpful and well attended. There were also coloring pages and a gift card that was exchanged with someone next to you.

- February 23: OA Unity Day sponsored by our 12th Step Within Committee: Committee will meet 2/10 to finalize plans for virtual meeting. The purpose is to get together to say the Unity Prayer with OA around the world at 2:30.

- **Service Opportunities**

- Have your meeting sponsor a Recovery from Relapse event/12th Step Within committee
- Write a Q2 VOR article on “My Spiritual Condition”. Deadline is March 15 for submissions.
- Staff an OA booth at the American Health Care Where to turn Fair, date TBD. We will need volunteers if we want to staff a booth/table.
- Join our Speakers’ list
- Support new meetings in Sharpsburg, Scottdale (Scottdale is a women-only meeting) and Ligonier
- Volunteer to play some role in a retreat (2026) If interested, reach out to Ro.
- Start a face-to-face meeting in Southeastern Allegheny county or in the city of Pittsburgh
- Apply for open positions: Outreach, Events, Vice Chair and Region 7 Reps and World Service Delegates
- Help Liv update the Speaker's List

- **World Service Business Conference Motion Review:** Questions gone over and will be filed with WSO (all approved)

- **Member Retention Discussion Follow-up:** Castle Shannon got posters and placed them. They also did a basket with member’s phone numbers with a promise to call the recipient during the week. Cranberry sends out cards to members that have been absent or ill.

- **Other items for future discussion: Traditions, group consciences, etc.**

- **Other Issues & Concerns:**

- Members planning to attend the World Service Convention in August: If anyone is planning to go, reach out to Tricia and let her know.
- **Jessica on our Social Media initiative:** GPI is now active on both Facebook and Instagram. Our website posts only events in our intergroup area, but there are links for other regions or the World Service Events Calendar, but we may post specific events from outside our intergroup area on our Facebook and Instagram pages. Anyone can see the information without liking or following the page. Our Instagram page is only available to Instagram users, so Jessica shared it with us on a screen share. At some point Jessica will share a meeting list through an Instagram Story function. There are icons at the top of our home page that link to our Facebook or Instagram pages.
- The contact member for the Castle Shannon meeting needs to be changed. All meetings are encouraged to let Jessica (our webmaster) know of any changes to meeting information.
- A question was asked about how the hybrid meetings were going. Meadville rep said that they have regular attendees using the hybrid capability. They have been meeting virtually only during the winter months but are going back to hybrid. Castle Shannon is getting occasional attendees online as well.

**ITEMS TO TAKE BACK TO MEETINGS:**

- Follow up Email will be sent with take-aways.

**Meeting adjourned with OA Responsibility Pledge.**

**Next Meeting:** March 2, 2025, 2-3:30pm, same Zoom info.

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## GPI Reports for February 2, 2025

VACANT: Vice Chair, Outreach, Events, Region 7 Reps-3/ Alts-2, WSBC Delegates-2 / Alts-2

### Chair (Ro M.): January Accomplishments

- Aligned PnP Articles I and II with bylaw updates
- Investigated the sources of restricted funds with previous treasurer
- Secured materials for outreach mailings to college health services and AHN PCPs
- Sent posters to 12 face-to-face meetings to notify passers-by that an OA meeting is in that location

### Chair (Ro M.): February Goals

- Secure GPI positions on pending World Service motions
- Align PnP Articles III and IV with bylaw updated
- Collect restricted funds committee positions in advance of GPI proposal discussion
- Complete outreach mailings

### Treasurer (Dee C.): January Report:

- Current financial spreadsheet available at <https://gpi.org/docs/gpimtgs/2025/2501Financials.pdf>
- Financial Facts: Report Date: January 26, 2025 GPI February 2, 2025 GPI Meeting
  - Current Balance: \$ 10,302.67
  - Jan Receipts vs Expenses: \$ -827.93
  - Contributions YTD: \$ 549.69
  - Average Per Month YTD: \$ 549.69
  - Unrestricted Fund Balance: \$ 5,518.67

### Secretary (Sheree C): January Accomplishments

- Routine: Set up and prepared February meeting documents
- Frank G. responded to email requests for meeting information as of October 2024.
  - 2025- 0 Dec
- Shirley checked voicemail & sent out meeting packets as of June 2024.
  - 2025- 2 Jan
- Attended OA Birthday hosted by Monroeville

### Secretary (Sheree C): February Goals

- Be available as needed, with emphasis on supporting Chair and Webmaster.
- Investigate holding a Traditions workshop.
- Attend special events/Unity Day celebration within GPI.

### 12th Step Within (Debbie B): January Accomplishments:

- Committee meeting held 1/6/2025
- Committee decided to plan and host the Unity Day event on 2/23/2025 from 2:00-3:00 pm.
- There were no requests concerning Temporary Sponsors: Newcomers' First Twelve Days. Link is available on our website. Contact 12 Step Within chair if you need help.

### 12th Step Within (Debbie B): February Goals

- Hold committee meeting to finalize details for the Unity Day event. Meeting is scheduled for 2/10/2025
- Host Unity Day event on 2/23/2025
- Seek out meetings interested in having a "Recovery from Relapse" meeting.

**Speaker's Bureau (Liv S.): January Accomplishments:**

- There were no requests for the list; no new speakers were added.

**Speaker's Bureau (Liv S.): February Goals:**

- Goal continues to be to increase the number of speakers on the list.

**VOR Editor (Beth A.): January Accomplishments:**

- The VOR 2025 Quarter 1 edition was sent out on January 1, 2025.
- Draft of 2nd Quarter VOR edition was started.
- Review of PnP as it relates to the VOR editor for needed updates was started.

**VOR Editor (Beth A.): February Goals:**

- Research sources such as Lifeline articles, other intergroup newsletters, OA.org for articles related to the theme of My Spiritual Condition for the 2025 Quarter 2 VOR edition.
- Research Pixabay for copyright compliant photos to match theme and season for inclusion in Q2 VOR edition.
- Finish up review of the VOR Editor section of the OA PnP and submit to appropriate people.
- Please send any submissions on the theme of "My Spiritual Condition" to [vor\\_editor@gpioa.org](mailto:vor_editor@gpioa.org) by March 15, 2025. You may request to be anonymous. If you want, send your thoughts and ideas and ask the editor to touch it up for you.

**Region 7 Representative (Kristi K.): January Accomplishments:**

- The post assembly packet is now available on the Region 7 website>assemblies tab
- 140 people are registered to attend the convention in November. The hotel group room rate has been extended to cover Thursday through Sunday night stays.
- By unanimous consent a \$15,000 donation was made to WSO.
- Assisted a group treasurer in reaching the R7 treasurer.

**Region 7 Representative (Kristi K.): February Goals:**

- No upcoming tasks listed.

**World Service Delegate: Patricia S.: December/January Accomplishments:**

- Med/Prof Subcommittee: Document with details to set up displays for Health Fairs/Professional meetings to be included in PI/PO final report to WSBC
- Audit review: 5 documents reviewed and committee approved 1/15/25
- Virtual Welcome Room: Interactive PDF at oa.org for IG's/service bodies to use for newcomers. Has links to various topics.
- Suggestions to search oa.org: go to: *Resources, PI/PO or Professional*

**World Service delegate Patricia S.: February Goals:**

- Medical/Professional subcommittee no meeting set to date.
- PI/PO Committee: Next meeting 3rd Wed. in March, 2025

**GPI Webmaster Special Worker (Jessica F): January Accomplishments**

- Facebook and Instagram up and running
  - Instagram page rolled out to membership with February GPI meeting notification email
- All Face to Face meetings and Special Events added as events to Facebook page without anonymity issues
  - Regular FB posts also made for Tue 5:30p Ligonier Face to Face meeting, Bellevue 2nd Anniversary, OA Birthday and Unity Day

- Threads account created as an experiment
  - Threads is like Twitter but linked to Facebook/Instagram
  - GPI is currently the only OA account on the platform and we're getting no engagement
  - While I can easily share Instagram posts to Threads, I'm not familiar with how the Threads/Twitter/Bluesky/Mastadon universe & culture works – ask if I should link it to our webpage
- Progress made on ensuring completeness of online archive
- All other routine duties completed, nothing more to report

**GPI Webmaster Special Worker (Jessica F): February Goals**

- All goals as health permits
- Add Stories to the top of our Instagram page with basic information
- Add all Face to Face meetings to an Instagram Meetings Story
  - Online/Phone meetings should let me know if they want to be listed as well
- Work with Exec Board to complete contingency planning and secure GPI documentation
- (ongoing) Move publicly available archive documents to GPI website from google as appropriate
- (ongoing) Work with Secretary & Treasurer to consolidate google archives into nonprofit google address
- (future goal) review GPI physical documents & scan for online archive