

## Greater Pittsburgh OA Intergroup Zoom Meeting Minutes

April 6, 2025, Minutes taken by Sheree C.

### Serenity Prayer

### Reading of the Fourth Concept of OA Service

**ANNIVERSARIES SINCE LAST MEETING:** Sheree C. 12 years in program, Janine C. 1 year in program

**ROLL CALL:** (22 people present, 21 voting members)

**3 Executive board:** **Ro M.** (Chair), **Dee C.** (Treasurer), **Sheree C.** (Secretary)

**5 Standing Chair(s)/Regional Reps/WSBC Delegates:** **Debbie B.** (12 Step Within), **Liv S.** (Speakers), **Beth A.** (VOR Editor), **Kristi K.** (Region 7 Rep), **Tricia S.** (WSBC Delegate)

**13 Reps:** **Jean P.** (Mon 6:30p Sharpsburg), **Melanie G.** (Mon 7p Sewickley), **Lynn W.** (Mon 7:30p Lower Burrell), **Linda C.** (Tue 7p Butler), **Janine C.** (Tue 7p Plum), **Rebecca C.** (Thu 6:30p Bellevue), **Cinda B.** (Thu 6p Meadville), **Susan C.** (Thu 6p Pleasant Hills), **Shannon P.** (Sat 9a Bridgeport WV), **Beth D.** (Sat 10a Monroeville), **Mary Ann C.** (10:30a Castle Shannon), **Christine S.** (Sat 10:30a Cranberry), **Juanita K.** (Sat 10:30a Erie)

**Jessica F.** (Webmaster) (Voice no Vote)

**Visitor:** 0

**MINUTES:** Motion made/accepted to approve March minutes as corrected.

**REPORTS (Executive Board):** All officers' reports reviewed.

**Chair (Ro M):** Report reviewed. Proposal for Scholarship fund and discussion on reorganization plan will be reviewed later in the meeting. Attended R7 Assembly workshop on Outreach, they are forming plans for a social media contact. Attendance requirements for positions of service will be reviewed in preparation for October elections. Service opportunities to be reviewed.

**Treasurer (Dee C.):** Financials reviewed. Annual report reviewed/March report given. March contributions helped to bring up our monthly average, which, however, is still below our target goal, but has improved.

**Secretary (Sheree C):** Report Reviewed.

**REPORTS (Standing Committee Chairs):** All chairs' reports reviewed.

**12th Step Chair (Debbie B.):** Report Reviewed. Correction to report. Reach out to members that have been absent from meetings, Don't be shy to ask "How's your food"? and reach out to discuss relapse.

**Speaker's Bureau Chair (Liv S.):** Report reviewed. 2 persons added to list, and list's annual update is finished. Q? Speakers list requirements: inside OA: 6 mo. abstinence & first 5 steps, outside OA: 2 years of continual abstinence, maintaining a healthy weight, having worked all 12 steps.

**VOR Editor (Beth A):** Report Reviewed. Q2 is out, and Q3 topic is binge eating. Hope to finish PnP revision.

**REPORTS (Other Trusted Servants):** All trusted servants' reports reviewed.

**Region 7 (Kristi K):** Report Reviewed. Virtual R7 Assembly held last Saturday. Highlights in report. Under highlights is Service opportunity. Had to cancel in-person convention because there were insufficient leadership/service volunteers to hold an in-person convention.. Still planning to produce a virtual convention but looking for volunteers to help with planning and service for the virtual convention on November 1. Looking for feedback on Assembly. Ro: Next assembly is on the same day as we have our elections. Should we change our meeting to the next Sunday October 12? Suggestion to put that on board agenda. Convention is also slated for November 1, and should we move GPI to the following meeting?

**WSBC (Tricia S):** Report reviewed. Attended the "Meet the maker" meeting about the motions that will be discussed at World Service. One motion is to make the WSBC online permanently. This would allow members

from out of the country to attend and decrease the costs associated with attendance. That will be debated. They are also considering changing the number of board members from 17 to 14 through attrition. They are also considering changing the wording of “God” to be gender neutral. This would require a change to the bylaws, which will need to be approved by a set number of groups.

**Webmaster** (Jessica): Report reviewed. Q: Is there a reason to not have a F2F meeting listed on the online calendar? Jessica explained why the F2F meetings are listed and virtual not. Chair was asked for the reason for a QR code. Would it direct to our website? Answer was yes.

## **DISCUSSION ITEMS:**

- **Annual Financial Report:** Dee, Treasurer reviewed report as approved by Finance Committee. Ro added that we might want to sit on the unrestricted fund level until we see how the change in donation levels affects us. Dee answered in the affirmative. We had many upfront expenses at the beginning of this year.
- **Retreat Update:**
  - Scholarship proposal (See Separate Document) Proposal to retain fund for another year was reviewed, and motion made and approved by majority. Proposal to put scholarship into insured, short-term Interest bearing CD reviewed, discussed and motion made and approved. Proposal to re-offer the scholarships to individuals that had been awarded previously. Motion made and approved. by majority. Proposal to revisit the proposal should a retreat not take place in 2026. Motion made, and approved. Proposal to discuss with individuals and groups to return money to as many contributors as possible before dissolving the fund if no retreat is held in 2026. Discussion was had, and clarification on the wording was made. The last paragraph has wording that needs to be changed/removed. Motion made to remove wording of concern, and motion was dropped.
  - Response to survey of likely attendees: 20 meetings reporting. 52 likely attendees. We think that with this level of response, it is viable to propose putting a retreat together. We need a volunteer to head up the retreat to actually begin to plan one.
  - Volunteers to date: Kristi K., Debbie B., Jeannie M., Linda A., Jean P., Tricia S.
- **October elections/Reorganization**
  - Executive Board responsibilities & requirements: Both Dee and Sheree would like to continue in their current roles. Dee is not up for reelection this year. Ro does not plan to continue as chair, so that position will be open. Requirements were reviewed. Ro will serve as ex-officio.
  - R7 Representatives & WSBC Delegates: Tricia will need to rotate out as World Service Delegate because of term limitations. We are also able to have additional R7 and WS reps than we are currently fielding.
  - Chair responsibilities & requirements: We need an Outreach and Events chair. Liv also needs to rotate out of Speakers chair. The 12th step Within committee has been helping with OA events except for the retreat.
  - October Elections: Vacant positions were reviewed.
  - Reorganizations will be presented at a later date, after discussion with the Executive Board and Policy Committee.
- **Events & Activities:**
  - March 29: Recovery from Relapse Saturday 9AM Bridgeport/Shadyside meeting (recap): That meeting was well attended and the presentation was well received.
  - March 29: Region 7 Assembly/Outreach Workshop (recap), Ro, Linda A and Kristi K. attended the assembly. Outreach committee is researching social media strategy.
  - May 6, Beaver anniversary celebration
  - August 17: Virtual Sponsorship Workshop hosted by the 12th Step Within Committee

- **Service Opportunities**

- Step up to a GPI service position/encourage our sponsees to take a service position
- Have your meeting sponsor a Recovery from Relapse event/12th Step Within committee
- Staff an OA booth at a health fair. There are some events coming up. Contact Ro for details.
- Join our Speakers' list
- Support new meetings in Sharpsburg, Scottdale and Ligonier
- volunteer to play some role in a retreat
- R7 virtual convention is looking for members to help with planning.
- Start a face-to-face meeting in southeastern Allegheny County or in the city of Pittsburgh

- **Other Items Discussed**

- Saturday Shadyside and Bridgeport Zoom meetings have merged, and all are welcome. Please make sure that Jessica is aware of any changes in meeting information so that the meeting list and WSO can be kept updated.
- No GPI meeting in May.

**A FOLLOW-UP EMAIL WILL BE SENT WITH ITEMS TO TAKE BACK TO MEETINGS**

**Meeting adjourned with OA Responsibility Pledge.**

**Next Meeting:** June 1, 2025, 2-3:30pm, same Zoom info.