

## **Minutes: Executive Board Meeting May 18, 2025 4-5:00 p.m.**

Attendees: Ro M. Chair, Dee C. Treasurer, Sheree C. Secretary (took minutes), Jessica F., Webmaster, Kristi K., Region 7 Rep

### **Serenity Prayer & Quick Check-in**

#### **Region 7 Recap of Final Assembly Report/Kristi will join**

- Virtual assembly chair apologized for starting the Outreach Workshop late, as it affected the workshop, and said they would try to avoid this delay in the future.
- Ro will put together a plan for bus and outdoor advertising in the fall using matching funds from R7.
- There are 250 Region 7 journals left at \$12.50 each. Bulk purchase can be arranged.
- Bob L. is now a WSO trustee.

#### **Aligning Organization to Support Essential Functions**

- **Overall organization:**
  - We probably need to look at the fact that we are post-covid, have an aging membership, etc.
  - People like a well-defined position, and the lower positions are a good entry level commitment.
  - Committees (12th Step Within/Debbie who is willing to shoulder more events, Outreach/maybe Liv, Speakers/open, VOR/open, Special Events/open)
  - People need to come to IG before they can take a position. We need to make IG attractive for attendance. Jessica will put up a flyer for IG meetings on the events tab that will hopefully appeal to a younger demographic and may change it each month.
  - Some positions are more consequential than others. However, the lower positions are entry points to get people involved.
- **Executive Board:**
  - Executive Board (Chair/open, Vice Chair & Policy/open, Secretary/Sheree, Treasurer/Dee, Ex-Officio/Ro)
  - Vice Chair could be eliminated, but might be essential organizationally. However, if we pared down the organization enough we could operate with intergroup only, no Executive Board
  - Not sure how much we could eliminate without the organization suffering.
- **WSBC & R7**
  - Representation (Region 7/Kristi, World Service/open)
  - Working through the PnP manual, bottom to top: WSBC and R7 Delegates/Alternates: The maximum number of permitted reps and alternates are set by World Service and Region 7.
  - Reps/Alternate positions: We are having enough difficulty filling rep positions and alternates will probably just go unfilled, as we cannot even fill the rep positions
- **Outreach:**
  - Outreach is critical, as too many people aren't aware that OA exists.
  - Old school would involve taking meetings to eating disorder units, medical schools, etc.
  - Possibly outreach can be spread among all committees. Can each chair take a piece of outreach in some fashion?
  - New publication: Diverse Voices book: Has contemporary stories since COVID. It is interesting as to how people heard of OA. It would be a good reading assignment for the board. It is the latest piece and most contemporary OA literature published.
- **12th Step Within:**
  - Part of the job description is to strengthen meetings in OA, but that may be an overall member task versus a committee task.
  - This committee has taken on many of the Special Events responsibilities.
- **VOR:**
  - We are one of the few intergroups still producing a newsletter, but as a quarterly publication the format is dated and being read less. Possibly morph the position into more of a web-social media interface.
  - VOR could be incorporated into GPI Highlights email rather than a formal newsletter. Keep the Highlights.

- VOR is unable to be printed cleanly through the Mailchimp platform. We might want to put this through the lens of a corresponding secretary rather than a VOR editor.
- **Special Events:**
  - Are nice for existing members but don't speak to our primary purpose to carry the message to those who still suffer. Special events would be eliminated.
  - Events are not being attended and might not be critical to keep things going. Also, virtual events are widely available in both region and world.
- **Speakers:**
  - Could be eliminated
  - This position is an entry point to get people involved
- **Next Steps:**
  - Create an ad-hoc committee to reaffirm or change the organization.
  - Present recommendation to the Executive Board and GPI as a whole.

#### **Date Changes**

- Next Executive board Wed. June 18, 2 PM
- Should we move 10/5 GPI to 10/12 - Region 7 Assembly scheduled for 10/3-5: YES
- Should we move 11/2 GPI to 11/9 - Region 7 virtual convention scheduled for 11/1: YES

#### **PnP Edits for June GPI**

- The document may have some additional edits based on the 5/14 Policy meeting but are nearly complete
- Will submit to GPI in June for July approval.
- All job descriptions are being moved to the PnP, rather than having some in Bylaws and some in PnP
- Board review of specific amendments

#### **6/1 GPI Agenda Items**

- Minutes
- Reports (due Monday May 26, 2025)
- PnP edits
- Reorganization discussion
- Region 7 resources available
- Service opportunities
- Date changes as necessary

#### **Other Issues & Concerns:**

- Dee: upon investigation, moving the Scholarship Fund into a CD might be best placed with Citizens Bank, which is where GPI has an existing account. It was agreed, and moving prudent reserve was discussed, but decided that this would be best left to another time.

#### **Adjourn**

**Next Executive Board Meeting: June 18, 2025, 2-3 pm**